

# Children & Young People Select Committee

A meeting of Children & Young People Select Committee was held on Wednesday, 9th July, 2008.

**Present:** Cllr David Harrington (Chairman), Cllr Phillip Broughton, Cllr Mrs Ann Cains, Cllr Mick Eddy, Cllr Maurice Frankland, Cllr Miss Barbara Inman, Cllr Andrew Sherris. Mr R Cash (Parent Governor Representative).

**Officers:** G. Birtle, F. Shayler (LD). Khalid Azam, Carolyn Dailey, Mark Telford (CESC).

**Also in attendance:** Mr G Davies, Mr R G Lupton (Non Voting Co-opted Representatives).

**Apologies:** were submitted on behalf of Cllr Alan Lewis and Mr D Campbell.

## 1 **Declarations of Interest**

## 2 **Draft Minutes - 25th June 2008**

The draft minutes of 25th June 2008 were agreed as a correct record.

## 3 **Review of Obesity**

Members received evidence from three witnesses:-

Carolyn Dailey - Healthy Schools Team Co-ordinator  
Mark Telford - ISA Manager, Children and Young People  
Khalid Azam - Joint Strategic Commissioner

Carolyn Dailey detailed new initiatives by the Stockton Healthy School Programme such as the 'Tall & Small - Making Healthy Cooking Fun'. The funding for this had been provided by the Big Lottery Fund - New Leaf, New Life for 1 year. It was hoped that schools would continue the initiative if the programme was successful after the first year.

The Environmental Health Team had been providing training for Schools on food hygiene. Work was also being done with the Schools Catering Manager and a post within the Healthy Schools Team had been dedicated to this, working 50% with Healthy Schools and 50% with the Schools Catering Managers.

A working group had been established, Healthy Weight Healthy Lives Pathway Group to link all of the services together.

Khalid Azam detailed the budget and standard fund grant that was disaggregated to Schools. The cost per school meal had risen and in Stockton was two pence more than the National Standard.

Funding had been provided to train and develop School Cooks around healthy eating. The concept of school meals had evolved to include salad bars, milkshake counters etc. Currently there was approximately a 57% take up of school meals but it was hoped to eventually increase this figure to around 80%.

Discussion was held on School Gate Policies and the numbers of fast food outlets in close proximity to schools. It was stated that some Schools had a closed school gate policy on lunchtimes to ensure that school children were eating on site, either at the cafeteria or by packed lunch, only children with authorisation by their parents/carers were allowed off site. Some schools had reduced the time allowed for lunchtime breaks to discourage children from leaving the site.

Mark Telford worked with Health Visitors and School Nurses across the Children's Centres.

Funding had been invested into the midwifery service to help and encourage mothers in the benefits of breastfeeding. Research has shown that breastfed children were less likely to be obese. More Groups were being established in Children's Centres for breastfeeding mums and a breastfeeding cafe had been established in Parkfield. Funding had been received for a Breastfeeding Co-ordinator.

Discussion was held on the cost of school meals and the increase in price of ingredients. Anita Brown/Jamie McCann would be attending a future meeting and more information on costs of school meals and budgeting would be able to be provided.

CONCLUDED that the information received be noted.

#### **4 Monitoring – Review of School Organisation Plan**

Members were provided with a copy of the Action Plan following their review of the School Organisation Plan. Members requested that Julia Morrison attend a future meeting to provide more information.

CONCLUDED that the action plan be noted and Julia Morrison be invited to a future meeting to provide further information.

#### **5 Work Programme**

The next meeting would be held on 30th July. This meeting would be joint with Arts, Leisure and Culture and Corporate, Adult Services and Social Inclusion Select Committees and would be to receive evidence from Tees Active. The Chairman requested that Members consider questions they would like to ask and submit them where possible by 21st July.

CONCLUDED that the Work Programme be noted.

#### **6 Chairman's Update**

The Chairman had emailed Members with 2 news articles relating to obesity issues.

The meeting to be held on 6th August would be to meet with Anita Brown/Jamie McCann regarding school meals catering.

CONCLUDED that the Chairman's Update be noted.